September 2021 Lunch
Covington Douglas

KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Waffles Sausage Scrambled Eggs Breakfast Potatoes Fruit Milk	2 Frito Chili Pie Chili Beans Fruit Milk	3 Breaded Chicken Sandwich Baby Carrots and Ranch Tater Tots Fruit Milk
6 Labor Day	7 Pig In a Blanket Mac and Cheese Green Beans Fruit Milk	8 Sour Cream Chicken Enchiladas Refried Beans Chips and Salsa Fruit Milk	9 Sloppy Joe French Fries Fruit Milk	10 Pizza Bar Caesar Salad Baby Carrots with Ranch Fruit Milk
13 Beef Taco Mexican Salad Chips and Salsa Fruit Milk	14 Chicken Alfredo Green Beans Garlic Knot Fruit Milk	15 Hot Ham and Cheese Sub Baby Carrots with Ranch Fruit Milk	16 BBQ Pulled Pork Baked Potato Corn Dinner Roll Fruit Milk	17 Cheeseburger BBQ Baked Beans Dessert Fruit Milk
20 Orange Chicken Lo Mein Noodles Teriyaki Glazed Carrots Fruit Milk	21 Chicken Nacho Bar (Chicken, Queso, Beans, Chips) Salsa Fruit Milk	22 Pulled Pork Sandwich Coleslaw Ruffles Fruit Milk	23 Chili Cheese Tots** Sticky Bun** Fruit Milk	24 Personal Pizza Italian Salad Fruit Milk
27 Corn Dog Mac and Cheese Green Beans Fruit Milk	28 Mexican Pizza* Refried Beans Chips and Salsa Fruit Milk	29 Spaghetti with Meat Sauce Caesar Salad Garlic Breadstick Fruit Milk	30 Glazed Ham Mashed Potatoes and Brown Gravy Dinner Roll Fruit Milk	1 Cheeseburger Ruffles Baby Carrots with Ranch Fruit Milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER