

September 2016 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Pancakes (2 each)	Cinnamon Roll
			Sausage	Cereal
			Cereal	Fruit
			Fruit	Juice
			Juice	Milk
			Milk	
5	6	7	8	9
NO SCHOOL	Ham, Egg, & Cheese English Muffin	Biscuit and Gravy	Toast	Donut
	Cereal	Cereal	Eggs	Cereal
	Fruit	Fruit	Cereal	Fruit
	Juice	Juice	Fruit	Juice
	Milk	Milk	Juice	Milk
			Milk	
12	13	14	15	16
Sausage Biscuit	Breakfast Burrito	Yogurt Parfait	French Toast Sticks (3 each)	Cinnamon Roll
Cereal	Cereal	Cereal	Cereal	Cereal
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
19	20	21	22	23
Pancake on a Stick	Breakfast English Muffin	Biscuit and Gravy	Blueberry Pancake Bites	Breakfast Pizza Flatbreads
Cereal	(egg patty, sausage, cheese)	Cereal	Cereal	Cereal
Fruit	Cereal	Fruit	Fruit	Fruit
Juice	Fruit	Juice	Juice	Juice
Milk	Juice	Milk	Milk	Milk
	Milk			
26	27	28	29	30
Biscuit and Gravy	Waffle (1)	Breakfast Burrito	French Toast Bites	Cinnamon Roll
Cereal	Scrambled Eggs	Cereal	Cereal	Cereal
Fruit	Cereal	Fruit	Fruit	Fruit
Juice	Fruit	Juice	Juice	Juice
Milk	Juice	Milk	Milk	Milk
	Milk			
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